

Shelby County Senior Scene

April 2016

Alabaster Senior Center-663-1307 Weekdays 9:00 am - 3:00 pm games/activities/classes/lunch 1097 7th Street SW, Alabaster

Mondays - 10 am - Singing w/The Timeless Treasures;
1:00 pm - Head to Toe Fitness

Tuesdays - 9:15 am - **Walking Together (New)**; 1:15
pm Gentle Yoga

Wednesdays - 9 am - Rook; Crochet, Knitting More;
9:30 am - Rummikub; 9:30 am - Arthritis Exercise; 1
pm - Zumba Gold; 1 pm - Watercolor class

Thursdays - 9:15 am - Intermediate Line Dancing; **9:15
am - Cornhole and Shuffleboard (New)**; 10 am -
Watercolor Painting; 10:10 am - Beginning Line
Dancing; 12:30 pm - Bridge; 1 pm - Watercolor; 1 pm -
Ageless Adventures in Movement;

Fridays - 10:00 am - Games and Tempo Exercises;

Special Events in April:

1st - No tempo; 12 pm - Art is 4 Every 1

4th - 9 am - 1:15 am - Eye screening - UAB

5th - 10 am - Drumming; 12pm - RSVP Mayoral
recognition event

7th - Lunch Bunch at Stonebridge Farms

8th - 9:15 am - Biscuit & Team- Jim n Nicks

12th - Bellingrath Garden trip (overnight); 9:15
Movie madness;

18th - 9:30 am - Faux Clay Pot Craft

20th - Milky Way Farms Day Trip; 12 pm -
Tornado Safety - New Beacon Hospice

22nd - 12 pm - Birthday party by Southern care

25th - 9:30 am - Book Club

26th - Gardening outing w Betty; 9 am -
Alabaster Fire Dept. - wellness check/storm
safety

Chelsea Senior Center

**Inside NEW Community Center- Call City
hall for more info - 205-678-8455**

Mondays - Fridays - 10:30 am - Exercise
on Circuit training equipment

Mondays - 11:15 am at Center - YMCA led exercise

Tuesdays - 10 am - Games at Center

Thursdays - 9 am - 2 pm - Games & Potluck

Calera Senior Center - 670-9988

weekdays 8:00 am-4:00 pm
games/activities/lunch/computers/pool
table/sewing machines, entertainment,
trips, Wii games

Mondays - 10 am - Dixie troubadours (not the 14th);
10:30 Knitting

Tuesdays - Exercise

Wednesdays - 10 am - Games at Center

Thursdays - Bible Study

Columbiana Senior Center

669-3969 weekdays 8:00 am - 4:00 pm
games/exercise/trips/hot lunch @11:30

Mondays - 10 am - Wii Bowling; 1 pm - Tai Chi

Tuesdays - 9 am - **Golden Gardeners (NEW)**; 10 am -
Arthritis Exercise (New)

Wednesdays - Sewing & Quilting with Sarah - all day;
10 am - Beginner line dancing; 1 pm - Intermediate
line dancing

Thursdays: 1 pm - Dominoes

Special Events in April:

1st - 10 am - Learn to play spades - win \$100

4th - 11:30 am - Beans & Cornbread

5th - 1 pm - Book Club

8th - Lunch Bunch - Chubb's Grubb Station

11th - 9-11 - Mayor's RSVP Recognition
Brunch

15th - 9 am - ASO Coffee Concert -
Beethoven's Fifth

22nd - 12:30 pm - Sundaes on the patio

26th - 1 pm - Woodlawn - movie

29th - Outing to Simply Infused & lunch at Area
41 Pizza in Mt. Laurel

DIXIE VINTAGE ANTIQUE CAR SHOW

April 23rd - Oak Mountain State Park
8 am - 2:30 pm
200 Terrace Drive, Pelham, AL



Heardmont Senior Center 205-991-5742
Weekdays 9:00 am - 3:00 pm
games/exercise /lunch
5452 Cahaba Valley Rd. (119)

Montevallo Senior Center 205-665-9206
Weekdays 9:00 am - 1:00 pm
Games & hot lunch

Mondays - 9:30 am - Tai Chi; Mah Jongg; 10:30 am - Canasta

Tuesdays - 10 am - Exercise class w UM Students

Tuesdays - 10 am - Aerobics; 10:45 am - Aerobics II; 10 am; Bingo & Board games; 11 am Bible Study

Wednesdays - 9 am - Computer class with Dr. Ratchford from University of Montevallo; Exercise Class

Wednesdays - 9 am - Bridge; 12 pm - Needlework

Fridays - 10:30 am - Yoga with UM Students

Thursdays - 10 am - Bingo Bunch; 10:15 am - Aerobics; 11:10 am - Aerobics II;

Fridays - 9 am - Zumba GOLD; **Line dancing will resume in May**

Pelham Senior Center 205-620-6064
Weekdays 10:00 am - 3:00 pm
Art/Exercise/Dance/Games - 55+

Special Events in April:

5th - Pancake Breakfast

7th - KATS Grocery delivery

14th - Lunch Bunch - Cracker Barrel

15th - Coffee Concert at Alabama Symphony

21st - Becky from Library

22nd - 6:30 pm - 9 pm - Evening Dance

28th - Silent Auction

Mondays - 10:30 am Needlecrafts; 12 pm - Mah Jongg; 12:30 pm - Arts and Crafts; 12:30 pm - Exercise

Tuesdays - 10:30 Art \$5 mo; 1 pm Adv. Line Dancing; 2 pm Beginning Line Dancing; 1pm - Rummikub;

Wednesdays - 10 am - Men Coffee Club; 10am - Bridge; 11 am - Wii Bowling; 12:30 pm - Exercise; 1 pm Rummikub;

Thursdays - 10 am - Pelham Pioneers Program; 1 pm - games; 1:30 pm - Bingo

Helena Senior Center
Tucker Road next to Library
Call Sue Franklin at 205-664-2443

Mondays & Thursdays - 10 am - Chair Aerobics

Tuesdays - 10 am - 3 pm - Cards & Games/Bring your own lunch - drinks provided

Fridays - 5 pm - Evening social & potluck - 1st Friday

Published 03/31/2016;
Shelby County Community Services
sthomason@shelbyal.com; www.discovershelby.com

SAVE THE DATE
Shelby County Senior Picnic



Thursday, June 2, 2016
8:30 am - 1 pm
The American Village, Montevallo



Vandiver/Sterrett Senior Center
205-229-3389 or 205-672-8040
in Vandiver Park

Monday - Friday - 7 am – Coffee Club; 6 pm – Exercise w/ Karen Echols

Thursdays - 11 am – Quilting

Fridays - 12 pm – Potluck Lunch & Games

Vincent Senior Center 205-672-7697
John Sparkman Court
9:00 am - 1:00 pm
games/exercise /lunch/computers/fun

Mondays – 9 am Reminisce & 10:30 am - Exercise

Tuesdays / Fridays - Games

Wednesdays - Bible Study and Devotionals

Tuesdays/Thursdays – Exercise

Special Events in April:

8th – 9 am - Mall Outing

12th & 28th – 10:30 am - Bingo

13th – 10:30 am – Blood Pressure Checks

14th – 10 am – SHIP presentation (Senior insurance program – M4A – Agency on Aging)

18th – 10:30 am – Becky from the library

21st – 10 am – Crafts

29th – 9 am – Trip – (to be announced)

Westover Senior Center 205-678-3385
Located in Westover Town Hall

Wednesdays at 10:00 am for Wii
Bowling/games/speakers/ lunch

Special Events in April:

6th – Reminisce about games we played

13th - Bingo

20th – Book Club with Becky from library

27th - Bingo

April 7th & 8th – 9 am – 5pm - Birmingham Tuscaloosa Kennel Club AKC Dog Show – Exhibition Center, 1 Argo Road, Columbiana 35051 - 205-982-7552

April 11th – 17th – Women’s Pro Circuit Challenger Tennis Tournament - Six-day tennis tournament features players from around the world with 23 countries and 12 states. Tournament features 64 players in the qualifying draw; Pelham Racquet Club – 50 Racquet Club Dr. Pelham

April 30th – 9 am - Seasonal Photographv Hike at Oak Mountain State Park – 200 Terrace Dr., Pelham



SENIOR FAST TAGS: Schedule An Appointment

Shelby County Senior citizens now have the ability to schedule an appointment to register or renew their personal vehicle and/or boat registrations. You can use our **SENIOR FAST TAGS** portal to reserve your appointment. Appointments are available on a limited basis for all three 3 Shelby County License office locations. Available dates are posted on our program calendar for each office and can be accessed using our website portal. When scheduling an appointment please furnish us as much information as possible regarding your transaction. The more information you provide the better we can assist you with advanced information or instructions concerning additional documents you may need to complete your transaction. We will then respond with an appointment confirmation and instructions. Bring all information regarding your transaction and the confirmation to the assigned office at the designated appointment time.

Appointments cannot be accepted for **STATE DRIVER’S LICENSE** or **NON-DRIVER’S ID’s**.

<https://shelbycounty.acuityscheduling.com/schedule.php>

Visit the website for future opportunities to renew your tags at several local senior centers on specific a day of the week, starting in April. If not posted, check back often.

<https://www.shelbyal.com/index.aspx?NID=667>