

# MARCH 2026

# City of Helena Senior Center

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2 9am Helena Quilting Bees	3 9:30am Silver Sneakers Aerobics	4 9am Bingo Chik Fil A (Helena) 9:30am Hearing Impaired Seniors	5 <b>Sign up required</b> 10am <b>Bingo &amp; Birthday Cake</b> 	6 9:30am Gentle Yoga 11am Ladies Card Group	7
8	9	10 9:30am Silver Sneakers Aerobics	11 9am Bingo Chik Fil A (Helena)	12 <b>Sign up required</b> 10:45am <b>Lunch Bunch</b> 	13 9:30am Gentle Yoga 11am Ladies Card Group	14
15	16 9am Helena Quilting Bees	17  <b>St. Patrick's Day</b> 9:30am Silver Sneakers Aerobics	18 9am Bingo Chik Fil A (Helena) 9:30am Hearing Impaired Seniors	19 <b>Sign up required</b> 10am <b>Bingo &amp; Lunch</b>	20 9:30am Gentle Yoga 11am Ladies Card Group	21
22	23	24 9:30am Silver Sneakers Aerobics	25 9am Bingo Chik Fil A (Helena)	26 <b>Sign up required</b> 10am <b>Coffee Talk</b> 	27 9:30am Gentle Yoga 11am Ladies Card Group	28
29	30	31 9:30am Silver Sneakers Aerobics				

Remember to sign up for the dates on the green column.

Signup sheet is in the lobby of the Community Center, or email [lclayton@cityofhelena.org](mailto:lclayton@cityofhelena.org)

Phone No. 205.620.2877

 **HAPPY ST. PATRICK'S DAY!** 