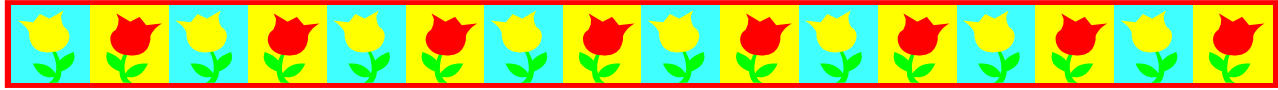


# Senior Scene in Shelby County - April 2012

Centers closed April 6, 2012 – Good Friday



**Alabaster Senior Center – 663-1307 – weekdays 9:00 am-2:00 pm**  
**games/activities/lunch 1097 7<sup>th</sup> Street SW, Alabaster, AL 35007; see complete**  
**calendar at: [www.cityofalabaster.com](http://www.cityofalabaster.com)**

## Ongoing Activities

**Mondays** –10:00 am – Singing w/The Timeless Treasures; 12:00 pm – Knitting; 1:00 pm - Drawing 101

**Tuesdays** –9:00 am – Walking Program; **9:00 am – Shuffleboard – (NEW)**; 12:00 pm – Wii Bowling; 1:00 pm – Acrylic Painting; 1:00 pm – Digital Photography

**Wednesdays** –9:00 am – Rook ; **9:30 am – Horseshoes (NEW)**; 9:30 am – Rummikub; 9:30 am – Bible Study; 1:00 pm Zumba Gold; 1:00 pm – Watercolor Painting Class

**Thursdays** – 9:00 am – Walking Program; 9:30 am –Beg/Intermediate Line Dancing; 10:30 am – Beginning Line Dancing; 11:45 am – Singing with Ross; 12:00 pm – Bridge; 1:00 pm – Watercolor Class

**Fridays** – 10:00 am – Games and Tempo Exercises; 1:00 pm - Zumba Toning

**Special Events in April:** **2<sup>nd</sup>** – 9 am – Men’s Coffee Hour: guest speaker; **5<sup>th</sup>** –Lunch bunch – Daniel George;10 am – Easter Crafts with Gentiva Hospice; **9<sup>th</sup>** – 10 am – Dixie Troubadours Band; **10<sup>th</sup>** – 9:30 am – Blood pressure checks with Comfort Care Hospice; **11<sup>th</sup>** –Outing to Petals from the Past (Jemison); **12<sup>th</sup>** – 11:30 am – Qtr. Birthday Party by Shelby Ridge Rehab Select; **13<sup>th</sup>** – 9am Bingo n Biscuits with Jim N Nick’s; **18<sup>th</sup>** – Wii Bowling tournament against Greenbrier; **19<sup>th</sup>**: 10:30 am – Alabaster’s Got Talent; **26<sup>th</sup>** – Daytrip to McWane Science Center; **30<sup>th</sup>** – Daytrip to Hyundai Plant Tour

**April 21 - Join the Alabaster Seniors for a night of Dancing at Thompson Middle School 5:30 - 8:30 pm**  
**Please rsvp**

**Calera Senior Center – 670-9988 - weekdays 8:00 am - 4:00 pm for games/activities/lunch;**  
**We have new computers, exercise equipment, pool table and sewing machines.**

## Ongoing Activities

**Mondays** – 8:00 am – 2:30 pm Basic Computer lab;

**Wednesdays** - 8:00 am – 2:30 pm Basic Computer class

**Thursdays** –10:00 am – Bible Study

**Fridays** - 8:00 am – 2: 30 pm Basic Computer lab

**Special Events in April:** **4<sup>th</sup>** - 10 am – Covered Dish Easter Luncheon w/ Dixie Troubadours; **11<sup>th</sup>** – 10 am - Tour of Alabaster YMCA; **13<sup>th</sup>** - 9 am – Fishing Trip to Minooka Park; **17<sup>th</sup>** – 10 am – Movie and Popcorn; **20<sup>th</sup>** – 9 am – Picnic at Orr Park in Montevallo; **23<sup>rd</sup>** – 9 am – trip to Jemison Flea Market; **24<sup>th</sup>** – 10 am – Pool Tournament; **26<sup>th</sup>** – Daytrip to McWane Science Center; **30<sup>th</sup>** – Becky the Library Lady from Harrison Regional Library

**Stay tuned for more information about our SENIOR PROM on June 9<sup>th</sup>**

**Chelsea Senior Program – Senior Center - 708 Hwy 36, Chelsea AL 35043**

**Ongoing Activities**

**Monday** – Friday – 6:30 am – 10:30 am – Exercise at Chelsea City Hall on Circuit training equipment

**Tuesdays** – 10:00 am – 12:00 pm Games

**Thursdays** –9:00 am – 2:00 pm – Games and Covered Dish lunch; 2:00 pm – Line Dancing

**Columbiana Senior Center – 669-3969; weekdays 9:00 am – 1:00 pm for games/activities and lunch**

**Ongoing Activities**

**Mondays** – Wii Bowling and Bingo

**Wednesdays** – Bible Study

**Special Events in April:** 4<sup>th</sup> – 10 am –Coffee with Mayor Lowe; 12<sup>th</sup> – 10 am – Pea Ridge Singers; 13<sup>th</sup> – Daytrip to Montgomery; 18<sup>th</sup> – 10 am – Harrison Regional Library presentation; 19<sup>th</sup> – 10 am – Exercise with Lisa; 24<sup>th</sup> Daytrip to Birmingham Botanical Gardens; 26<sup>th</sup> – Daytrip to McWane Science Center; 27<sup>th</sup> – 10 am – Dixie Troubadours Band

**Heardmont Senior Center – 991-5742 weekdays 9:00 am-3:00 pm for games/exercise/lunch 5452 Cahaba Valley Rd (119) in Heardmont Park- heardmontpark@hotmail.com**

**Ongoing Activities**

**Mondays** –9:30 am Tai Chi; 9:30 – Mah Jongg; 10:30 am – 3:00 pm Canasta

**Tuesdays** –9:15 am – Wii Fun Time; 10:00 am - Aerobics; 10:00 am – Bingo/Games; 11:00 am – Bible Study

**Wednesdays** – 9:00 am – 12:00 pm Bridge; 11:30 am – Rummikub; 1:00 pm – Ballroom Dancing w/Curt

**Thursdays** – 10:00 am – Aerobics/toning w/Donna; 10:00 am – Bingo Bunch;

**Fridays** – 9:00 am – ZUMBA Gold; 10:00 am – Intermediate Line Dance; 11:00 am- Beginning Line Dance

**Special Events in April:** 5<sup>th</sup> – 11:15 am – Blood Pressure and Sugar screening by New Beacon; 13<sup>th</sup> – 7 pm – Spring Evening Dance; 18<sup>th</sup> – 11 am – Computer Class w/Harrison Regional Library; 19<sup>th</sup> – 11 am – Harrison Regional Library Presentation; 26<sup>th</sup> – Daytrip to McWane Science Center

**AARP is offering Free Tax Assistance Feb. - April at Heardmont. Please call for appointment.**

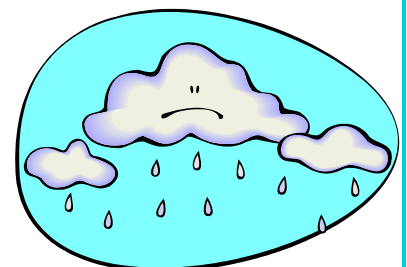
**Helena Senior Center (next to Library behind City Hall) call Bill May at 871-3553**

**Ongoing Activities**

**Mondays and Thursdays** - 10:00 am - Chair aerobics

**Tuesdays - 11:00 am** - 3:00 pm - Cards & Games – Bring your own lunch – Drinks provided

**Fridays – 5:00 pm** – Evening Social (meeting & potluck)



**Montevallo Senior Center – 665-9206 weekdays 9:00 am-1:00 pm games/hot lunch**

**Ongoing Activities**

**Wednesdays** – 9:15 am – Exercise w/UM Kinesiology Dept.; 10:15 am – Computer Class w/ UM professor Dr. Ratchford

**Fridays** – 10:00 am – **Yoga with University of Montevallo - NEW**

**Special Events in April:** 3<sup>th</sup> – 10 am – Billie Tibbs musical guest; 5<sup>th</sup> – 10 am – Bingo w prizes; 16<sup>th</sup> – 10 am – Presentation from Shelby Emergency Assistance; 26<sup>th</sup> - 9 am – Daytrip to McWane Science Center;

**Pea Ridge Senior Recreation Club – 665-3997 - Every other Tuesday for gospel music, fellowship and covered dish – call Mary Ross for information at 665-1980**

**Pelham Senior Center – 620-6064 –Open Weekdays 10:00 am-3:00 pm  
Art/Exercise/Dance/Games – Shelby County residents 55+ welcome**

**Ongoing Activities**

**Mondays** – Crafts & Games 10:30 am – 3:00 pm; Mah Jongg 12:00 pm; 12:30 pm Exercise

**Tuesdays** – Art 10:30 am \$5 monthly; Advanced (1:00 pm) and Beginning (2:00 pm) Line Dancing 1:00-3:00; Rummikub 1:00 pm

**Wednesdays** –Men's Coffee Club 10:00 am; Bridge 10:00 am; Wii Bowling 11:00 am; Exercise 12:30 pm; Rummikub 1:00 pm

**Thursdays** – 10:30 am – 1:00 pm Pelham Pioneers Program & Guest Speakers; Pelham Golden Voices After Pioneer Program – Games 1:00 pm – 3:00 pm

**Fridays** – Tai Chi 10:30 am; Exercise 12:30 pm and Games begin at 1:00 pm

**Special Events in April at starting at 10:30:** 5<sup>th</sup> – Covered Dish lunch – Special Guest: Dolores Hydock – Storyteller; 12<sup>th</sup> – Bingo; 19<sup>th</sup> – Jerry Ryan's One Man Band; 26<sup>th</sup> – Bingo; Daytrip to McWane Science Center; 27<sup>th</sup> 1:15 pm – Bookworms

**Vandiver Civic Center – 672-8040 or 229-3389 - Meet 2<sup>nd</sup> & 4<sup>th</sup> Fridays 11:00 am**

**Potluck Lunch, Games and Senior Fellowship; Pleasant Grove Fellowship Hall Hwy 43.**

**April 2<sup>nd</sup>** – Potluck lunch at Vandiver Church of God – Hwy 50

**April 13<sup>th</sup>** – Fried Chicken lunch

**April 27<sup>th</sup>** – Exercise class

**Coming soon – New Senior Center Building in Vandiver/Sterrett Community**

Vincent Senior Center – 672-7697 Open Weekdays 9:00 am–1:00 pm

Games/Activities/Computers/Hot Lunch

**Ongoing Activities**

**Mondays** –Game Day – Darts/dominoes/Nintendo Wii games, Exercise, Reflections

**Tuesdays** – Bingo, Exercise; 8:30 am – Internet Bible Study with Pastor Jacky Eden – Westside Baptist

**Thursdays** – Exercise; Relaxing Piano Music via Internet

**Special Events in April:** 6<sup>th</sup> – Day trip to Birmingham Zoo; 12<sup>th</sup> – 9 am - Blooming Benefits Day in Columbiana; 26<sup>th</sup> – Daytrip to McWane Science Center - We are practicing piano by way of the internet and offering lessons!

Westover Senior Center 678-3385 X703; Meet Wednesdays at 10:00 am for games/activities/potluck lunch

**SAVE THE DATE –**

**Shelby County Senior Picnic**

**Celebrating Older American's Month**

**Thursday, May 24, 2012**

**American Village, Montevallo,  
Alabama**



**Free Hiring Fair – April 24, 2012**

**1 pm – 4pm – Birmingham Crossplex (Harris Arena)  
for Veterans & Jobseekers 50+**

**2331 Bessemer Rd. (5 Points West), Birmingham, AL 35208**

**For more information contact Peggy Clark at AWARE [peggyc@positivematurity.org](mailto:peggyc@positivematurity.org)**

